Heather Mueller knows all about work-life balance. She’s a spouse, a mother of two young girls, a graduate student pursuing an MS in Regulatory and Clinical Research Management (RCRM) at Regis College, and a busy clinical research coordinator - in Dallas, Texas.

“You have to find a good balance between all of your responsibilities and have the confidence to know you can complete anything,” she says.

Heather will earn the distinction of being the first student to complete the RCRM program virtually. Her exclusively online experience has posed challenges, like losing the non-verbal cues that you usually pick up on in the classroom, but she says that a little adjustment will yield benefits in the long run.

“You have to learn to adjust,” she says. “This has given me a chance to work on my presentation skills, as many of the trainings I participate in with my job are conducted via teleconference”.

Dr. Joel Feinblatt, director of the graduate RCRM program, says of his long-distance student: “Heather has been a dedicated and committed student who, based on her previous experiences with distance learning, has worked very well with our teaching model.”

Heather is employed by the Mary Crowley Cancer Research Center in Dallas, providing personalized, innovative clinical trials to their patients. On track to finish her MS degree from Regis in the summer of 2014, Heather is hoping to open even more doors for herself in this ever-evolving health care profession.